

You've got
Teladoc!



Healthcare happens here.

What is Teladoc?

Teladoc® gives you remote access to **quality healthcare** from the comfort of your home, during your lunch break or while traveling.

Easily connect with a licensed doctor, dermatologist or behavioral health clinician **by web, phone or mobile app.**

Get a prescription and have it sent to your local pharmacy, when medically necessary.

Get started at:

Teladoc.com
1-800-Teladoc (835-2362)

Download the app:



What services are available?

GENERAL MEDICAL

- Board-certified doctors are available 24/7/365 by web, phone or app
- Treat flu, allergies, sinus infection, rash, strep throat and more

PPO - \$0/consultation

HDHP - \$45/consultation

DERMATOLOGY

- Log into your Teladoc account to upload images of your skin issue
- Receive a response through Teladoc's secure online message center within two business' days
- Treat on-going or complex issues like psoriasis, eczema, acne and more

\$75/consultation

BEHAVIORAL HEALTH *Coming 1/1/2020*

- Schedule a video or phone appointment from 7 a.m. to 9 p.m. local time, seven days a week
- Support for anxiety, eating disorders, depression, family issues and more

Psychiatrist (initial visit):

PPO - \$0/consultation

HDHP - \$200/consultation

Psychiatrist (ongoing visit):

PPO - \$0/consultation

HDHP - \$95/consultation

Psychologist, licensed clinical social worker, counselor or therapist:

PPO - \$0/consultation

HDHP - \$85/consultation