

Standard Motor Products – 2025 Wellness Program

All employees, including spouses (*if applicable*) who are enrolled in one of SMP sponsored medical plans, must **individually** complete the annual Wellness Program on **Anthem.com** or the **Sydney App** through **separate** accounts before **October 15th, 2025**.

To be fully compliant with the Wellness Program, you only need to complete **one activity** on Anthem’s website or the Sydney app. Failure to meet the deadline will result in a premium increase of **\$600** the following year.

Please note: Employees hired after July 15th, 2025, do not have to complete the Wellness Program.

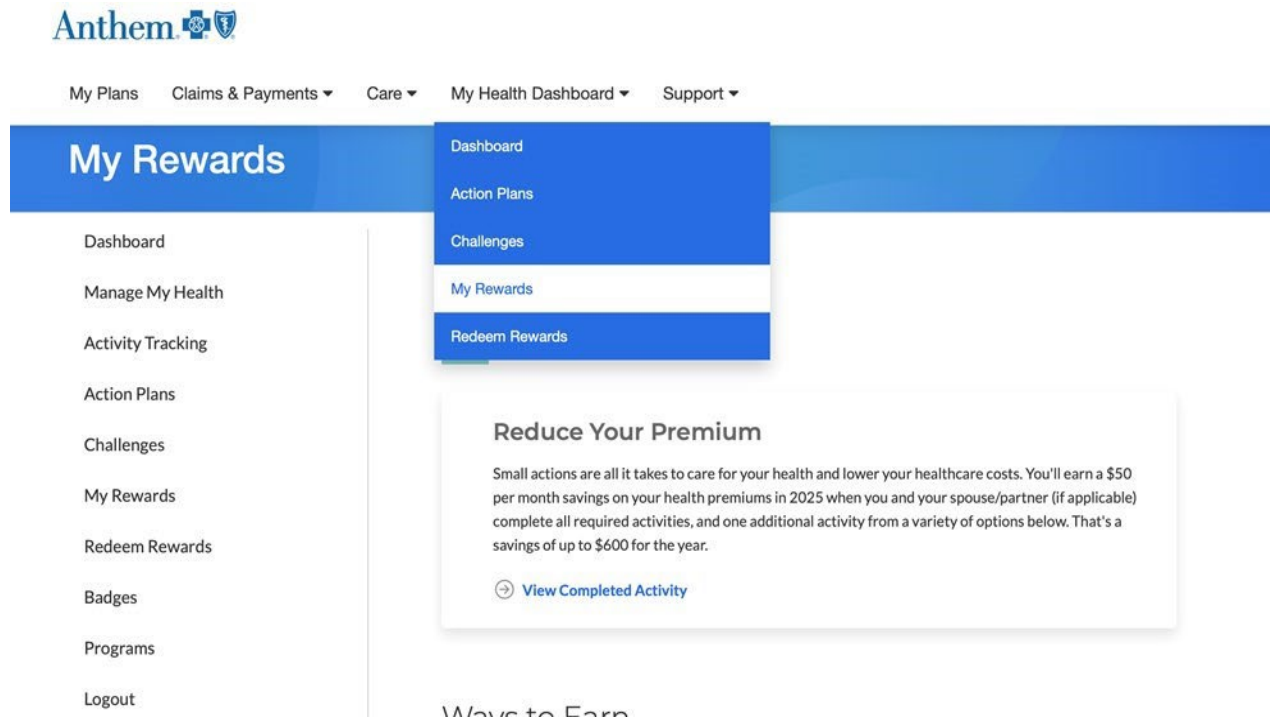
Required Activity (Claims based):

Annual Preventive Exam or Well Woman Exam (*if applicable*).

No Biometric form is required to complete the Wellness Program.

Accessing the Wellness Program

- Log into Anthem.com or the Sydney App, go to **My Health Dashboard** and select “**My Rewards**”.



The screenshot shows the Anthem website's 'My Rewards' section. At the top, there is a navigation bar with links for 'My Plans', 'Claims & Payments', 'Care', 'My Health Dashboard', and 'Support'. Below this is a blue header for 'My Rewards'. A dropdown menu is open, showing options: 'Dashboard', 'Action Plans', 'Challenges', 'My Rewards' (highlighted), and 'Redeem Rewards'. On the left side, there is a vertical menu with links: 'Dashboard', 'Manage My Health', 'Activity Tracking', 'Action Plans', 'Challenges', 'My Rewards', 'Redeem Rewards', 'Badges', 'Programs', and 'Logout'. The main content area features a card titled 'Reduce Your Premium' with the text: 'Small actions are all it takes to care for your health and lower your healthcare costs. You'll earn a \$50 per month savings on your health premiums in 2025 when you and your spouse/partner (if applicable) complete all required activities, and one additional activity from a variety of options below. That's a savings of up to \$600 for the year.' Below the text is a button that says 'View Completed Activity' with a circular arrow icon.

- View your previously **Completed Activities** and/or the current **Wellness Exam's** status

Snapshot

Reduce Your Premium

Small actions are all it takes to care for your health and lower your healthcare costs. You'll earn a \$50 per month savings on your health premiums in 2026 when you and your spouse/partner (if applicable) complete the required activity. That's a savings of up to \$600 for the year.

[➔ View Completed Activity](#)

Ways to Earn

Wellness Exam

Receive a reward for completing your annual wellness exam or well woman exam.

Are you unable to do a required or recommended screening due to medical complications?

[➔ Medical Waiver Option](#)

****Please note date of service can be between October 16th, 2024, and October 15th, 2025. Our medical plan allows for one (1) annual physical per year and it does not require 12 months in between appointments.***