

From your homepage, click on the "Benefits" tile

The screenshot shows the SMP BENEFITS homepage. The navigation bar includes the SMP BENEFITS logo, Home, Health, Benefits (highlighted in yellow), and Social. On the right side of the navigation bar are icons for a ribbon, a trophy, a calendar, a notification bell with a '2' badge, and a user profile with a '1' badge. The main content area features a background image of a mountain landscape. On the left side of the main area, there are three circular icons: 'CARDS' with a '6' badge, an apple icon with a '3' badge, and a checklist icon. A modal window is open in the center, titled 'Anthem BlueCross BlueShield Employee Medical'. The modal contains the text: 'Medical insurance can be overwhelming. Reach out to Anthem by calling the member services phone number on...'. A close button (an 'x' in a circle) is located in the top right corner of the modal.

You will then be redirected to the below page. Scroll all the way down to the bottom of that page, until you see “Your Benefits”. Then click on “Biometric Screening Form” under “Your Benefits”.

The screenshot shows the top navigation bar of the SMP Benefits portal. The 'Benefits' menu item is highlighted in yellow. Below the navigation bar, there is a 'Saved' section with a dashed border and a message: 'Save your favorite resources to see them here.' Below this is the 'Your Benefits' section, which is also highlighted in yellow. It contains five benefit cards: Anthem BlueCross BlueShield Employee..., Biometric Screening Verified Form (highlighted in yellow), Delta Dental, Fresh & Healthy Meals from Eat Fit Go, and Health Advocate. A right arrow is visible to the right of the 'Your Benefits' header.

SMP
BENEFITS

Home Health **Benefits** Social

1 2

Saved

Save your favorite resources to see them here.

Your Benefits →

- Anthem BlueCross BlueShield Employee...
- Biometric Screening Verified Form**
- Delta Dental
- Fresh & Healthy Meals from Eat Fit Go
- Health Advocate

Then click on "Start Now"



Home



Health



Benefits



Social



BENEFITS

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START NOW



Biometric Screening Verified Form

Biometric Screenings are an important part of your overall health – get your biometric screening today!

Finally, you will be redirected to the below page to either, download or upload your form to Virgin Pulse. Uploads must be done by 11:59pm on 10/15/2021.

Virgin Pulse

PCP FORMS

Welcome back [redacted]!

Please choose the desired form that you wish to download

UPLOAD FORM

Form Type	Download Form	Form Preview	Cover Letter
Biometric	DOWNLOAD	<u>VIRGIN PULSE BIOMETRIC SCREENING FORM</u>	----