

LiveHealth Online

Gives your employees easy and convenient access to the care they need.

Using LiveHealth Online, your employees can see a board-certified doctor or psychiatrist, licensed therapist or lactation consultant through live video on their smartphone, tablet or computer with a webcam. LiveHealth Online is quick, easy to use and will help your employees get the care they need when they need it. All they have to do is sign up online or use the free mobile app to access:



Board-certified doctors.

English speaking doctors are available on demand 24/7 with no appointments or long wait times! Doctors on LiveHealth Online can assess an employee's condition, give medical advice and even send prescriptions to the pharmacy of their choice, if needed.¹

Using Cuidado Medico on LiveHealth Online members can visit with a Spanish speaking board-certified doctor by appointment 7 days a week.



Licensed therapists or board-certified psychiatrists.

If they're feeling anxious or have trouble coping on their own, employees can talk with a therapist online. In most cases, they can set up a visit and see a therapist in four days or less.² And starting 1/1/2018, employees will be able to visit with a psychiatrist by appointment for medication management support.³



Future Moms with Breastfeeding Support on LiveHealth Online.

Members can have live video visits with a lactation consultant, counselor or registered dietitian experienced in giving support for lactation and nutrition. These online visits are at no extra cost to your employees and family members — they're already included in the Future Moms program.

LiveHealth Online helps your employees feel better faster

Encouraging early registration will lead employees to use LiveHealth Online in their time of need. In fact 30% of people who register go on to have a visit within the same year⁴.

Use the LiveHealth Online Quick Start Guide to access our 3 step promotion plan!



¹ Prescription availability is defined by physician judgment.

² Appointments subject to availability of a therapist.

³ Prescriptions determined to be a "controlled substance" (as defined by the Controlled Substances Act under federal law) cannot be prescribed using LiveHealth Online. Psychiatrists on LiveHealth Online will not offer counseling or talk therapy.

⁴ Based on LiveHealth Online utilization trends from top 10 national clients.

LiveHealth Online is the trade name of Health Management Corporation, a separate company providing telehealth services on behalf of Anthem Blue Cross and Blue Shield.

Online counseling is not appropriate for all kinds of problems. If you are in crisis or have suicidal thoughts, it's important that you seek help immediately. Please call 1-800-784-2433 (National Suicide Prevention Lifeline) or 911 and ask for help. If your issue is an emergency, call 911 or go to your nearest emergency room. LiveHealth Online does not offer emergency services.

Anthem Blue Cross and Blue Shield is the trade name of: In Colorado: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc. Copies of Colorado network access plans are available on request from member services or can be obtained by going to anthem.com/co/networkaccess. In Connecticut: Anthem Health Plans, Inc. In Georgia: Blue Cross and Blue Shield of Georgia, Inc. In Indiana: Anthem Insurance Companies, Inc. In Kentucky: Anthem Health Plans of Kentucky, Inc. In Maine: Anthem Health Plans of Maine, Inc. In Missouri (excluding 30 counties in the Kansas City area): RightCHOICE® Managed Care, Inc. (RIT), Healthy Alliance® Life Insurance Company (HALIC), and HMO Missouri, Inc. RIT and certain affiliates administer non-HMO benefits underwritten by HALIC and HMO benefits underwritten by HMO Missouri, Inc. RIT and certain affiliates only provide administrative services for self-funded plans and do not underwrite benefits. In Nevada: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc., dba HMO Nevada. In New Hampshire: Anthem Health Plans of New Hampshire, Inc. Anthem Health Plans of New Hampshire, Inc. HMO plans are administered by Anthem Health Plans of New Hampshire, Inc. and underwritten by Matthew Thornton Health Plan, Inc. In Ohio: Community Insurance Company. In Virginia: Anthem Health Plans of Virginia, Inc. trades as Anthem Blue Cross and Blue Shield in Virginia, and its service area is all of Virginia except for the City of Fairfax, the Town of Vienna, and the area east of State Route 123. In Wisconsin: Blue Cross Blue Shield of Wisconsin (BCBSWI), underwrites or administers PPO and indemnity policies and underwrites the out of network benefits in PDS policies offered by CompCare Health Services Insurance Corporation (CompCare) or Wisconsin Collaborative Insurance Company (WCIC). CompCare underwrites or administers HMO or PDS policies; WCIC underwrites or administers Well Priority HMO or PDS policies. Independent licensees of the Blue Cross and Blue Shield Association. ANTHEM is a registered trademark of Anthem Insurance Companies, Inc.