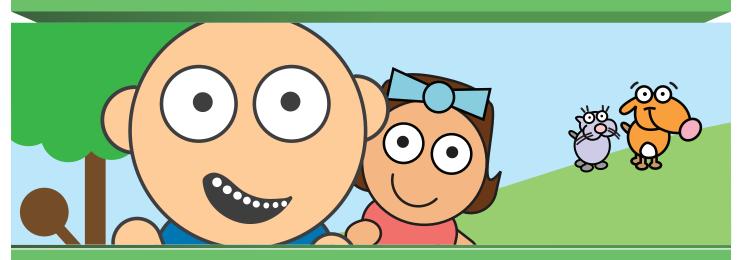
# Meet the Smyles



We'll do whatever it takes and then some.

# Learn about dental health the fun way

Visit Delta Dental's website for children, parents and teachers to learn more about children's oral health.

Fun features on MySmileKids include dental health-related activities, games and stories.



Our website has many activities to promote healthy smiles. Children learn about dental health the fun way with interactive games, stories, coloring pages, fun facts and health tips. The site also has sound effects, so turn up the volume!

Adults, too, will find the website useful. MySmileKids features a

section of health education materials for teachers to incorporate into lesson plans, or for parents to share with their children. There's also an interactive quiz to help you determine your child's risk for cavities.

Link to MySmileKids from the home page on the Delta Dental website, or go directly to **mysmilekids.com**.

**△** DELTA DENTAL®

**WE KEEP YOU SMILING®** 

## **WE KEEP YOU SMILING®**

Why do 54 million enrollees trust their smiles to Delta Dental?

- More dentists
- Simpler process
- Less out-of-pocket

#### **Free Newsletter**

Get the latest in oral health with *Dental Wire*, our bi-monthly e-mail newsletter. Sign up at: deltadentalins.com/oral\_health

#### www.deltadentalins.com

Delta Dental includes these companies in these states:
Delta Dental of California – CA

• Delta Dental of Pennsylvania

– PA & MD • Delta Dental of
West Virginia – WV • Delta
Dental of Delaware – DE •
Delta Dental of the District of
Columbia – DC • Delta Dental
of New York – NY • Delta Dental
Insurance Company – AL, FL,
GA, LA, MS, MT, NV, TX, UT

# February is National Children's Dental Health Month



Visit Delta Dental's children's website at **mysmilekids.com** to learn about children's dental health the fun way:

- Interactive games
- Stories
- Coloring pages
- and more!

## Questions about oral health?

If you've got questions about oral health, be sure to check out our website at **www.deltadentalins.com** for answers.

To help you and your family keep your smiles healthy, we've compiled an extensive library of articles on oral health topics from amalgam fillings to x-rays and just about every oral health topic in between.

#### **Mouth-Body Connection**

- Diabetes and oral health
- Heart disease and oral health
- Men's oral health
- Oral cancer
- Osteoporosis
- Pregnancy and oral health
- Stress and oral health
- Tobacco use and oral health

#### **Preventive Care**

- Brushing and flossing
- Dental cleanings
- Fighting bad breath
- Fluoride
- Nutrition and oral health
- Choosing and caring for your toothbrush

#### **Emergency Care**

- Dental care when traveling
- Handling dental emergencies

#### **Kids & Teens**

- Baby bottle tooth decay
- Children's oral health
- Eating disorders
- Teens' oral health

#### **Seniors**

- Dental care of Alzheimer's patients
- Dentures
- Seniors' oral health

#### **Dental Treatments**

- Amalgam and resin fillings
- Braces
- Dental implants
- Dental x-rays
- Sealants

#### **Conditions**

- Drv mouth
- Mouth sores
- Sensitive teeth
- TMI

