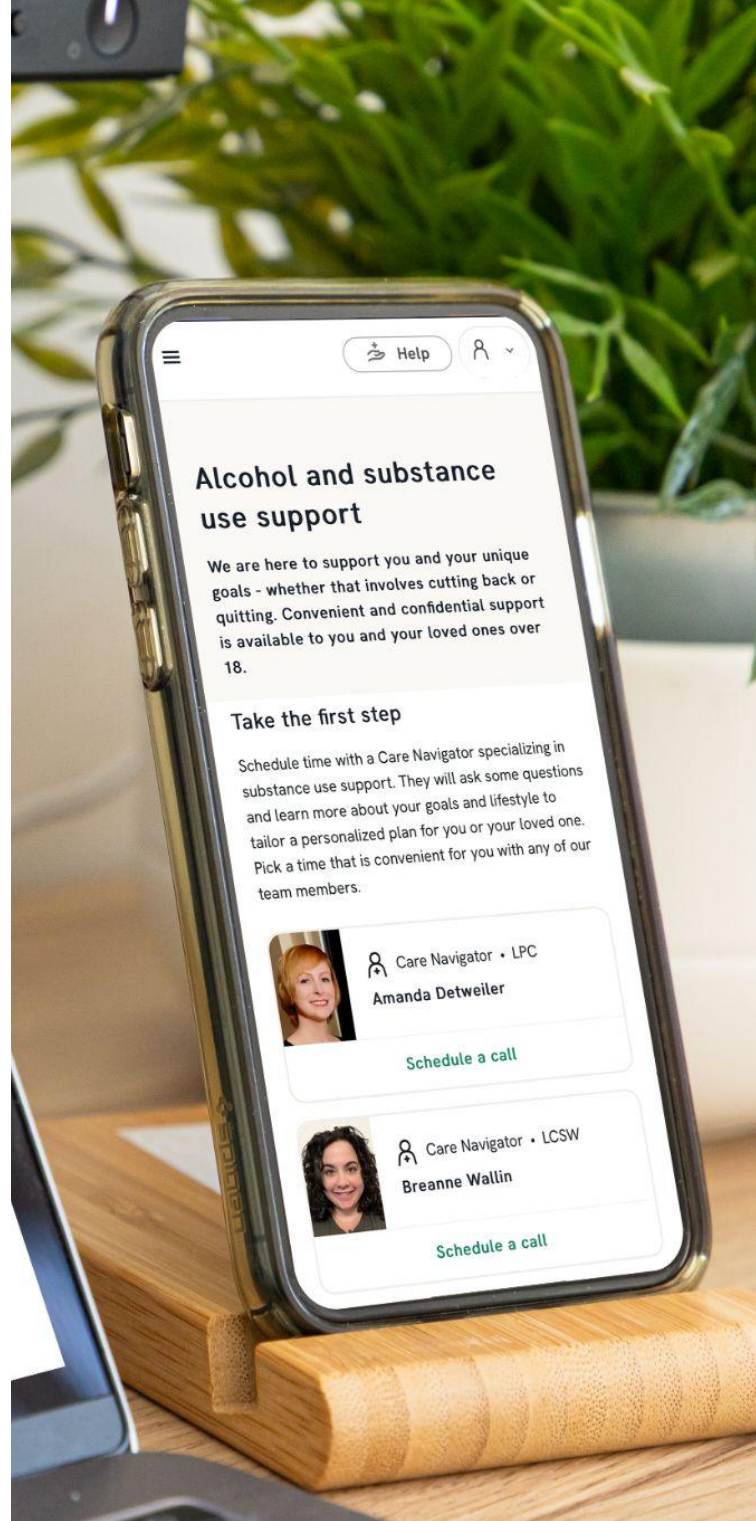


Ready to cut back or quit? We can help.

Spring Health's alcohol and substance use support is:

- Available everywhere, even from the privacy of home
- Budget friendly, including free support from a specialized clinician
- Always confidential
- Available for your loved ones (age 18+)



Get started



1. Scan the QR code to sign-up for Spring Health and take a quick assessment
2. Schedule a 100% free call with a clinician specializing in substance use
3. Get a personalized plan that works with your budget and lifestyle