



1. Q: Will there be a pdf form to complete the biometric screening? If so, how can I access this form?

A: Yes. Once logged into Virgin Pulse; go to “Programs”, then click “start now” next to the “biometric screening verified form” handle.

2. Q: Are covered spouse required to register?

A: Yes. Spouse are required to register and complete their own biometric screening verification form and tobacco goals.

3. Q: What are the requirements to completing the tobacco goal?

A: Go to Rewards. Then, “Section: Tobacco-Free”, click on “Complete a Tobacco Journey”, Complete the modules under the “Being Tobacco Free” handle.

4. Q: How do I submit my biometric screening verification form?

A: Biometric screening verification forms are submitted via fax. Currently, there are no other options to upload the form via the portal.

*As a reminder, spouses are required to register with a separate account in order to download and complete their own biometric screening form. Spouses are also required to complete their own tobacco goals.

*** Health assessments are not required!**










5. Q: Are smokers required to complete all 5 videos, under the “being tobacco-free” handle of the “Complete a Tobacco Journey” section, in order to complete the tobacco goal?

A: If you are smoker, follow these steps and you will complete the tobacco goal:

- i. Go to Rewards > My Rewards
- ii. Click Complete a Tobacco Journey > “Take Me There”
- iii. As seen below, complete any of the five tobacco free journeys, listed under “Being Tobacco-Free” section.

	Consider Quitting 19 days to complete
	No Thanks, I Quit 19 days to complete
	Prepare to Quit 20 days to complete
	Ready, Set, Stop Smoking 15 days to complete
	Stay on Track, Stay Quit 18 days to complete

- iv. As seen below, under question number five, you will receive credit once the “Tobacco Journey” is completed.



6. Q: How can Non-smokers complete the Nicotine-Free Agreement?

A: If you attest to being Nicotine Free on the Nicotine-Free Agreement, this completes the goal for the tobacco portion.

Tobacco users will receive points once any of the five Tobacco Journey is completed. If you are not a tobacco user, attesting to being tobacco free will also complete the tobacco goal.



Section: Tobacco-Free
Completed



Complete Nicotine-Free Agreement



Complete a Tobacco Journey

* Please note: the above image illustrates a Nicotine-Free user. Once a Nicotine-Free user confirms that they will remain Nicotine-Free, their tobacco goals will show the above check mark.

In conclusion, by completing the Tobacco Goal and the Biometrics Screening Verification Form before October 15, you will not receive the wellness surcharge in 2021.

... To be continue.