

# We make healthcare easier



## Navigating the healthcare system can be a challenge.

Health Advocate offers a unique level of personalized support you won't find anywhere else. Our experts will do the work to ensure that you and your family get the right care and support – at the right time.

Turn to us—we can help.



**866.799.2731**

Email: [answers@HealthAdvocate.com](mailto:answers@HealthAdvocate.com)

Web: [HealthAdvocate.com/members](http://HealthAdvocate.com/members)

Download the app today!



Available at no cost to employees, spouses, dependents, parents and parents-in-law. Completely confidential.

**We're not an insurance company.** West's Health Advocate Solutions is not a direct healthcare provider, and is not affiliated with any insurance company or third party provider.

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## Connect to all your benefits through a single toll-free number

- We can answer questions about your entire benefits package
- If you need to reach a specific benefit, we can connect you right away

## Support for every medical condition

- Explain diagnoses and research treatment options; help you understand next steps
- Arrange expert second opinions and transfer medical records

## Coordinate medical care and services

- Coordinate services related to all aspects of your care
- Facilitate communication between doctors, hospitals and insurance plans

## We take the hassle out of healthcare

- Find the right in-network doctors and make appointments
- Review medical bills to find incorrect or duplicate charges; resolve claims and billing issues



**HealthAdvocate<sup>SM</sup>**



# Health Advocate's experts can find the right doctors **when you need it most**

When it comes to finding a qualified doctor, you don't want to leave it to chance. Turn to Health Advocate for help finding the right, qualified providers to meet your specific medical needs.

## Our experts can:

- **Identify leading** in-network doctors, specialists, hospitals and other providers
- **Research top experts** and Centers of Excellence for second opinions
- **Make appointments** and transfer medical records
- **Help you prepare** for your visits, including questions to ask

Health Advocate is available at no cost to employees, spouses, dependents, parents and parents-in-law. Completely confidential.

## Come prepared to your doctor visits

The Health Advocate Medical Visit Checklist Builder helps you get the most from your visits.

Just answer a few questions to create a customized checklist with the right questions to ask before, during and after your appointment.

**Go to [HealthAdvocate.com/medicalchecklists](https://www.healthadvocate.com/medicalchecklists) to get started.**

Turn to us—we can help.



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Web: [HealthAdvocate.com/smpcorp](https://www.HealthAdvocate.com/smpcorp)

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