



2019 SMP WELLNESS DRIVE YOUR HEALTH FORWARD

Standard Motor Products cares about you and your well-being. That's why we partnered with SimplyWell, a workplace wellness provider, to offer you a program to promote and support healthy living.

For the 2019 SMP Wellness Program, we are requiring a Physician Results Form/Annual Physical and completion of the Tobacco-Free Goal by 10/15/2019.



Visit Your Physician

Log on to connect.simplywell.com or the SimplyWell mobile app and follow the prompts on the homepage under "Biometric Screening" to download the physician form. Visit your physician and have them complete and submit the physician form.



Tobacco-Free Goal

Log on to connect.simplywell.com to complete the Tobacco-Free Goal by attesting to being tobacco-free through the Tobacco Affidavit or by completing the Tobacco Reasonable Alternative Content.

How to Register

- Visit connect.simplywell.com or the SimplyWell app
- Select **Register**
- Enter your last name and date of birth (mm/dd/yyyy)
- Enter your identifier: DOB + Last 4 of SSN (Ex. mmddyyyy1234)
- Enter the registration code: SMPWELLNESS (*Please note this is case sensitive.)
- Then follow the prompts to complete registration

You must complete your Physician Results Form/Annual Physical and Tobacco-Free Goal by 10/15/2019 in order to avoid a 2020 premium increase!

Please review your "Incentives" tab on the "Rewards" page for additional details.

Questions? Call SimplyWell at 888-848-3723.

Note: All programs are confidential and HIPAA-compliant. Any information shared with the SimplyWell team will not be disclosed except in accordance with HIPAA laws. Your Protected Health Information (PHI) will not be shared with your employer.

