

# Hidden Benefits through Anthem



Discover benefits “beyond the basics”—available through your Standard Motor Products medical plan. Contact the numbers and websites below or call Member Services at **1-866-802-0510** for guidance.

<b>Autism Spectrum Disorder (ASD) Program</b>	Specialized, dedicated team of clinicians within Anthem providing specialized case management services for members with autism spectrum disorders and their families. The program offers education, guidance, and coordination of care. Call <b>1-844-269-0538</b> .
<b>Building Healthy Families</b>	Personalized, digital resource hub for family-planning support including live pregnancy health coaches and interactive health trackers through the Sydney App or on <a href="https://www.anthem.com">anthem.com</a> .
<b>Care &amp; Cost Finder</b>	Find in-network providers, check quality, and compare costs through the Sydney App or on <a href="https://www.anthem.com">anthem.com</a> . Filter by location, services, gender, and languages spoken.
<b>Eye Care</b>	Treatment of disease/injury to the eye (outside of routine eye exams).
<b>Hearing Care</b>	Includes audiometric exam/hearing evaluation tests, as well as hearing devices/hearing aids when due to illness or trauma (one pair every 5 years).
<b>Home Healthcare</b>	80 days per calendar year of visits from a Home Healthcare Agency (does not apply to Private Duty Nursing benefits).
<b>Inclusive Care</b>	LGBTQ+ navigation for services including medical and behavioral health support, gender affirming care, specialty medication support, community programs, and educational resources through the Sydney App or on <a href="https://www.anthem.com">anthem.com</a> .
<b>LiveHealth Online</b>	Virtual urgent care, psychology, and dermatology through the virtual care section of the Sydney App or <a href="https://www.livehealthonline.com">livehealthonline.com</a> . Telehealth and Telephonic consults are also available, with a member cost share.
<b>Nutritional Counseling</b>	Up to 52 visits per calendar year for general nutritional counseling, and 52 visits per calendar year for nutritional counseling for diabetes.
<b>Prosthetic Appliances</b>	Various prosthetics available, including wigs needed after cancer treatment (one wig per benefit period); subject to medical necessity.
<b>Ria Health</b>	Alcohol treatment program including treatment plans and trackers, medications, and online support through a licensed substance use counselor. Call <b>1-866-619-8713</b> or visit <a href="https://www.riahealth.com">riahealth.com</a> .
<b>Sydney Health App</b>	Access personalized health and wellness resources including plan coverage details, virtual care, provider search, prescription status, health records, educational content, and community resources.
<b>Talkspace</b>	Access counseling for anxiety, depression, sleep, substance use, and more by text, audio, or video through the Talkspace app or on <a href="https://www.talkspace.com/anthem">talkspace.com/anthem</a> .
<b>24/7 NurseLine</b>	24/7 access to a registered nurse for questions and concerns, assistance with searching for a provider, and referrals to other Anthem programs. Call <b>1-800-337-4770</b> .

LiveHealth Online urgent care and mental health counseling covered at no cost for PPO plans and no cost after deductible for HDHP plans; dermatology subject to member cost-share.

# Quick Access to Support and Resources

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Need help understanding your benefits, finding care, or taking the next step in your leave journey? Scan the QR codes below to explore tools, programs, and services available to support you at your family.



**Anthem/Sydney Health App**



**anthem.com**



**App Store**



**Google Play**

## Talkspace



**talkspace.com/  
anthem**



**App Store**



**Google Play**

## LiveHealth<sup>®</sup> O N L I N E



**livehealthonline.com**

## + Ria Health



**riahealth.com**

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