**Summary of Benefits and Coverage:** What this **Plan** Covers & What You Pay for Covered Services **Coverage Period: 01/01/2026 - 12/31/2026**

|  |  |  |
| --- | --- | --- |
|  | **Coverage for: Individual + Family | Plan Type: PPO +** | |
| **Standard Motor Products, Inc: HSA Base Medical Plan** | | **HSA** | |

|  |  |
| --- | --- |
| Important Document Description | **The Summary of Benefits and Coverage (SBC) document will help you choose a health** [[**plan**](https://www.healthcare.gov/sbc-glossary/)](https://www.healthcare.gov/sbc-glossary/)**. The SBC shows you how you and the** [[**plan**](https://www.healthcare.gov/sbc-glossary/)](https://www.healthcare.gov/sbc-glossary/) **would share the cost for covered health care services. NOTE: Information about the cost of this** [[**plan**](https://www.healthcare.gov/sbc-glossary/)](https://www.healthcare.gov/sbc-glossary/) **(called the** [[**premium**](https://www.healthcare.gov/sbc-glossary/)](https://www.healthcare.gov/sbc-glossary/)**) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms |
| of coverage, <https://eoc.anthem.com/eocdps/aso>. For general definitions of common terms, such as [[allowed amount](https://www.healthcare.gov/sbc-glossary/)](https://www.healthcare.gov/sbc-glossary/), [[balance billing](https://www.healthcare.gov/sbc-glossary/)](https://www.healthcare.gov/sbc-glossary/), [[coinsurance](https://www.healthcare.gov/sbc-glossary/)](https://www.healthcare.gov/sbc-glossary/), [[copayment](https://www.healthcare.gov/sbc-glossary/)](https://www.healthcare.gov/sbc-glossary/), [[deductible](https://www.healthcare.gov/sbc-glossary/)](https://www.healthcare.gov/sbc-glossary/), [[provider](https://www.healthcare.gov/sbc-glossary/)](https://www.healthcare.gov/sbc-glossary/), or other underlined terms, see the Glossary. You can view the Glossary at [[www.healthcare.gov/sbc-glossary/](http://www.healthcare.gov/sbc-glossary/)](http://www.healthcare.gov/sbc-glossary/) or call (866) 802-0510 to request a copy. | |

|  |  |  |
| --- | --- | --- |
| **Important Questions** | **Answers** | **Why This Matters:** |
| **What is the overall deductible?** | $2,200/single or $4,200/family for In-Network Providers. $3,950/single or $7,700/family for Out-of-Network Providers. | Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the policy, the overall family deductible must be met before the plan begins to pay. |
| **Are there services covered before you meet your deductible?** | Yes. Preventive Care. For more information see below. | This plan covers some items and services even if you haven’t yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible. See a list of covered preventive services at [<https://www.healthcare.gov/coverage/preventive-care-benefits/>](https://www.healthcare.gov/coverage/preventive-care-benefits/). |
| **Are there other deductibles for specific services?** | No. | You don't have to meet deductibles for specific services. |
| **What is the out-of-pocket limit for this plan?** | $3,950/single or $7,700/family for In-Network Providers. $7,450/single or $14,700/family for Out-of-Network Providers. | The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, the overall family out-of-pocket limit must be met. |
| **What is not included in the out-of-pocket limit?** | Premiums, balance-billing charges, and health care this plan doesn't cover. | Even though you pay these expenses, they don’t count toward the out-of-pocket limit. |
| **Will you pay less if you use a network provider?** | Yes. Blue Card PPO. See [www.anthem.com](http://www.anthem.com/find-care/) or call (866) 802-0510 for a list of network providers. Costs may vary by site of service and how the provider bills. | This plan uses a provider network. You will pay less if you use a provider in the plan’s network. You will pay the most if you use an Out-of-Network provider, and you might receive a bill from a provider for the difference between the provider’s charge and what your plan pays (balance billing). Be aware, your network provider might use an Out-of-Network Provider for some services (such as lab work). Check with your provider before you get services. |
| **Do you need a referral to see a specialist?** | No. | You can see the specialist you choose without a referral. |

| Important Note on Copayment and Coinsurance | All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies. |
| --- | --- |

| **Common**  **Medical Event** | **Services You May Need** | **What You Will Pay** | | | **Limitations, Exceptions, & Other Important Information** |
| --- | --- | --- | --- | --- | --- |
| **In-Network Provider**  **(You will pay the least)** | **Out-of-Network Provider**  **(You will pay the most)** | |
| **If you visit a health care provider’s office or clinic** | Primary care visit to treat an injury or illness | 10% coinsurance | | 30% coinsurance | Virtual visits (Telehealth) benefits available. |
| Specialist visit | 10% coinsurance | | 30% coinsurance | Virtual visits (Telehealth) benefits available. |
| Preventive care/screening/  immunization | No charge | | 30% coinsurance | You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. |
| **If you have a test** | Diagnostic test (x-ray, blood work) | 10% coinsurance | | 30% coinsurance | --------none-------- |
| Imaging (CT/PET scans, MRIs) | 10% coinsurance | | 30% coinsurance | --------none-------- |
| **If** **you need drugs to treat your illness or condition**  More information about **prescription drug coverage** is available at <http://www.anthem.com/pharmacyinformation/> | Typically Generic (Tier 1) | 10% coinsurance (retail and home delivery) | | 30% coinsurance (retail) and Not covered (home delivery) | For more information, refer to “National Drug List” at <http://www.anthem.com/pharmacyinformation/> \*See Prescription Drug section. |
| Typically Preferred Brand & Non-Preferred Generic Drugs (Tier 2) | 10% coinsurance (retail and home delivery) | | 30% coinsurance(retail) and Not covered (home delivery) |
| Typically Non-Preferred Brand and Generic drugs (Tier 3) | 10% coinsurance (retail and home delivery) | | 30% coinsurance (retail) and Not covered (home delivery) |
| Typically Preferred Specialty (brand and generic) (Tier 4) | 10% coinsurance (retail and home delivery) | | 30% coinsurance (retail) and Not covered (home delivery) |
| **If you have outpatient surgery** | Facility fee (e.g., ambulatory surgery center) | 10% coinsurance | | 30% coinsurance | --------none-------- |
| Physician/surgeon fees | 10% coinsurance | | 30% coinsurance | --------none-------- |
| **If you need immediate medical attention** | Emergency room care | 10% coinsurance | | Covered as In-Network | --------none-------- |
| Emergency medical transportation | 10% coinsurance | | Covered as In-Network | --------none-------- |
| Urgent care | 10% coinsurance | | 30% coinsurance | --------none-------- |
| **If you have a hospital stay** | Facility fee (e.g., hospital room) | 10% coinsurance | | 30% coinsurance | --------none-------- |
| Physician/surgeon fees | 10% coinsurance | | 30% coinsurance | --------none-------- |
| **If you need mental health, behavioral health, or substance abuse services** | Outpatient services | Office Visit  10% coinsurance  Other Outpatient  10% coinsurance | | Office Visit  30% coinsurance  Other Outpatient  30% coinsurance | Office Visit  Virtual visits (Telehealth) benefits available.  Other Outpatient  --------none-------- |
| Inpatient services | 10% coinsurance | | 30% coinsurance | --------none-------- |
| **If you are pregnant** | Office visits | 10% coinsurance | | 30% coinsurance | Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound). |
| Childbirth/delivery professional services | 10% coinsurance | | 30% coinsurance |
| Childbirth/delivery facility services | 10% coinsurance | | 30% coinsurance |
| **If you need help recovering or have other special health needs** | Home health care | 10% coinsurance | | 30% coinsurance | 80 visits/benefit period. |
| Rehabilitation services | 10% coinsurance | | 30% coinsurance | \*See Therapy Services section. |
| Habilitation services | 10% coinsurance | | 30% coinsurance |
| Skilled nursing care | 10% coinsurance | | 30% coinsurance | 60 days/benefit period for skilled nursing services. |
| Durable medical equipment | 10% coinsurance | | 30% coinsurance | \*See Durable Medical Equipment section. |
| Hospice services | 10% coinsurance | | 30% coinsurance | --------none-------- |
| **If your child needs dental or eye care** | Children’s eye exam | 10% coinsurance | | 30% coinsurance | \*See Vision Services section. |
| Children’s glasses | Not covered | | Not covered |
| Children’s dental check-up | Not covered | | Not covered | --------none-------- |

**Excluded Services & Other Covered Services:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services**.**)** | | |  |  |
| * Children’s dental check-up * Glasses for a child * Private-duty nursing | * Cosmetic surgery * Infertility treatment * Routine foot care unless you have been diagnosed with diabetes | * Dental care (Adult) * Long-term care * Weight loss programs | | |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Other Covered Services (Limitations may apply to these services. This isn’t a complete list. Please see your plan document.)** | | |  |  |
| * Acupuncture * Hearing aids one pair every 5 years | * Bariatric surgery * Most coverage provided outside the United States. See [www.bcbsglobalcore.com](http://www.bcbsglobalcore.com) | * Chiropractic care 60 visits/benefit period combined with all other therapies * Routine eye care (Adult) | | |

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: State of Indiana Department of Insurance, 311 W. Washington Street, Suite 300, Indianapolis, Indiana 46204, (800) 622-4461, (317) 232-2395, [www.in.gov/idoi/3008.htm](http://www.in.gov/idoi/3008.htm), Department of Labor, Employee Benefits Security Administration, (866) 444-EBSA (3272), [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform), or contact Anthem at the number on the back of your ID card. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact:

ATTN: Grievances and Appeals, P.O. Box 105568, Atlanta GA 30348-5568  
  
Department of Labor, Employee Benefits Security Administration, (866) 444-EBSA (3272), [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform)

**Does this plan provide Minimum Essential Coverage? Yes/No.**

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

**Does this plan meet the Minimum Value Standards? Yes/No.**

If your plan doesn’t meet the MinimumValueStandards, you may be eligible for a premiumtaxcredit to help you pay for a plan through the Marketplace.

|  |
| --- |
| ***To see examples of how this plan might cover costs for a sample medical situation, see the next section.*** |

Important Note on Coverage Examples

**This is not a cost estimator.** Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost-sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

**About these Coverage Examples:**

**Managing Joe’s Type 2 Diabetes**(a year of routine in-network care of a well-controlled condition)

**Peg is Having a Baby**(9 months of in-network pre-natal care and a hospital delivery)

◼ **The plan’s overall deductible** **$2,200**

◼ **Specialist coinsurance 10%**

◼ **Hospital (facility) coinsurance 10%**

◼ **Other** **coinsurance 10%**

**This EXAMPLE event includes services**

**like:**

Specialist office visits (*prenatal care)*

Childbirth/Delivery Professional Services

Childbirth/Delivery Facility Services

Diagnostic tests (*ultrasounds and blood work)*

Specialist visit *(anesthesia)*

|  |  |
| --- | --- |
| **Total Example Cost** | **$12,700** |

**In this example, Peg would pay:**

|  |  |
| --- | --- |
| ***Cost Sharing*** | |
| Deductibles | $2,200 |
| Copayments | $0 |
| Coinsurance | $1,000 |
| *What isn’t covered* | |
| Limits or exclusions | $60 |
| **The total Peg would pay is** | **$3,260** |

◼ **The plan’s overall deductible** **$2,200**

◼ **Specialist coinsurance 10%**

◼ **Hospital (facility) coinsurance 10%**

◼ **Other** **coinsurance10%**

**This EXAMPLE event includes services**

**like:**

Primary care physician office visits (*including disease education)*

Diagnostic tests *(blood work)*

Prescription drugs

Durable medical equipment *(glucose meter)*

|  |  |
| --- | --- |
| **Total Example Cost** | **$5,600** |

**In this example, Joe would pay:**

|  |  |
| --- | --- |
| ***Cost Sharing*** | |
| Deductibles | $2,200 |
| Copayments | $0 |
| Coinsurance | $300 |
| *What isn’t covered* | |
| Limits or exclusions | $20 |
| **The total Joe would pay is** | **$2,520** |

**Mia’s Simple Fracture**(in-network emergency room visit and follow up care)

◼ **The plan’s overall deductible** **$2,200**

◼ **Specialist coinsurance 10%**

◼ **Hospital (facility) coinsurance 10%**

◼ **Other** **coinsurance 10%**

**This EXAMPLE event includes services**

**like:**

Emergency room care *(including medical supplies)*

Diagnostic test *(x-ray)*

Durable medical equipment *(crutches)*

Rehabilitation services *(physical therapy)*

|  |  |
| --- | --- |
| **Total Example Cost** | **$2,800** |

**In this example, Mia would pay:**

|  |  |
| --- | --- |
| ***Cost Sharing*** | |
| Deductibles | $2,200 |
| Copayments | $0 |
| Coinsurance | $60 |
| *What isn’t covered* | |
| Limits or exclusions | $0 |
| **The total Mia would pay is** | **$2,260** |

**(TTY/TDD: 711)**

**Albanian (Shqip):** Nëse keni pyetje në lidhje me këtë dokument, keni të drejtë të merrni falas ndihmë dhe informacion në gjuhën tuaj. Për të kontaktuar me një përkthyes, telefononi (866) 802-0510

**Amharic (አማርኛ):** ስለዚህ ሰነድ ማንኛውም ጥያቄ ካለዎት በራስዎ ቋንቋ እርዳታ እና ይህን መረጃ በነጻ የማግኘት መብት አለዎት። አስተርጓሚ ለማናገር (866) 802-0510 ይደውሉ።

|  |  |
| --- | --- |
| . (866) 802-0510 | image5 |

**Armenian (հայերեն).** Եթե այս փաստաթղթի հետ կապված հարցեր ունեք, դուք իրավունք ունեք անվճար ստանալ օգնություն և

տեղեկատվություն ձեր լեզվով: Թարգմանչի հետ խոսելու համար զանգահարեք հետևյալ հեռախոսահամարով՝ (866) 802-0510:

|  |  |
| --- | --- |
|  | |
| image6 | |
| image7 | (866) 802-0510. |

|  |  |  |
| --- | --- | --- |
| image8 | | |
| image9 | (866) 802-0510 | image10 |

|  |  |  |
| --- | --- | --- |
| image11 | | |
| image12 | (866) 802-0510 | image13 |

**Chinese (中文)：**如果您對本文件有任何疑問，您有權使用您的語言免費獲得協助和資訊。如需與譯員通話，請致電(866) 802-0510。

|  |  |
| --- | --- |
| image14 | |
| image15 | (866) 802-0510. |

**Dutch (Nederlands):** Bij vragen over dit document hebt u recht op hulp en informatie in uw taal zonder bijkomende kosten. Als u een tolk wilt spreken, belt u (866) 802-0510.

|  |  |  |
| --- | --- | --- |
| image16 | | |
| image17 | (866) 802-0510 | image18 |
|  |  |  |

**French (Français) :** Si vous avez des questions sur ce document, vous avez la possibilité d’accéder gratuitement à ces informations et à une aide dans votre langue. Pour parler à un interprète, appelez le (866) 802-0510.

**German (Deutsch):** Wenn Sie Fragen zu diesem Dokument haben, haben Sie Anspruch auf kostenfreie Hilfe und Information in Ihrer Sprache. Um mit einem Dolmetscher zu sprechen, bitte wählen Sie (866) 802-0510.

**Greek (Ελληνικά)** Αν έχετε τυχόν απορίες σχετικά με το παρόν έγγραφο, έχετε το δικαίωμα να λάβετε βοήθεια και πληροφορίες στη γλώσσα σας δωρεάν. Για να μιλήσετε με κάποιον διερμηνέα, τηλεφωνήστε στο (866) 802-0510.

**Gujarati (ગુજરાતી):**  જો આ દસ્તાવેજ અંગે આપને કોઈપણ પ્રશ્નો હોય તો, કોઈપણ ખર્ચ વગર આપની ભાષામાં મદદ અને માહિતી મેળવવાનો તમને અધિકાર છે. દુભાષિયા સાથે વાત કરવા માટે, કોલ કરો (866) 802-0510.

**Haitian Creole (Kreyòl Ayisyen):** Si ou gen nenpòt kesyon sou dokiman sa a, ou gen dwa pou jwenn èd ak enfòmasyon nan lang ou gratis. Pou pale ak yon entèprèt, rele (866) 802-0510.

|  |  |  |
| --- | --- | --- |
| image19 | | |
| image20 | (866) 802-0510 | image21 |

**Hmong (White Hmong):** Yog tias koj muaj lus nug dab tsi ntsig txog daim ntawv no, koj muaj cai tau txais kev pab thiab lus qhia hais ua koj hom lus yam tsim xam tus nqi. Txhawm rau tham nrog tus neeg txhais lus, hu xov tooj rau (866) 802-0510.

**Igbo (Igbo):** Ọ bụr ụ na ị nwere ajụjụ ọ bụla gbasara akwụkwọ a, ị nwere ikike ịnweta enyemaka na ozi n'asụsụ gị na akwụghị ụgwọ ọ bụla. Ka gị na ọkọwa okwu kwuo okwu, kpọọ (866) 802-0510.

**Ilokano (Ilokano):** Nu addaan ka iti aniaman a saludsod panggep iti daytoy a dokumento, adda karbengam a makaala ti tulong ken impormasyon babaen ti lenguahem nga awan ti bayad na. Tapno makatungtong ti maysa nga tagipatarus, awagan ti (866) 802-0510.

**Indonesian (Bahasa Indonesia):** Jika Anda memiliki pertanyaan mengenai dokumen ini, Anda memiliki hak untuk mendapatkan bantuan dan informasi dalam bahasa Anda tanpa biaya. Untuk berbicara dengan interpreter kami, hubungi (866) 802-0510.

**Italian (Italiano):** In caso di eventuali domande sul presente documento, ha il diritto di ricevere assistenza e informazioni nella sua lingua senza alcun costo aggiuntivo. Per parlare con un interprete, chiami il numero (866) 802-0510

|  |  |  |
| --- | --- | --- |
| image22 | | |
| image23 | (866) 802-0510 | image24 |

|  |  |  |
| --- | --- | --- |
| image25 | | |
| image26 | (866) 802-0510 | image27 |

**Kirundi (Kirundi):** Ugize ikibazo ico arico cose kuri iyi nyandiko, ufise uburenganzira bwo kuronka ubufasha mu rurimi rwawe ata giciro. Kugira uvugishe umusemuzi, akura (866) 802-0510.

**Korean (한국어):** 본 문서에 대해 어떠한 문의사항이라도 있을 경우, 귀하에게는 귀하가 사용하는 언어로 무료 도움 및 정보를 얻을 권리가 있습니다. 통역사와 이야기하려면(866) 802-0510 로 문의하십시오.

|  |  |
| --- | --- |
| image28 | |
| image29 | (866) 802-0510. |

|  |  |
| --- | --- |
| image30 | |
| image31 | (866) 802-0510. |

|  |  |
| --- | --- |
| image32 | |
| image33 | (866) 802-0510 |

**Oromo (Oromifaa):** Sanadi kanaa wajiin walqabaate gaffi kamiyuu yoo qabduu tanaan, Gargaarsa argachuu fi odeeffanoo afaan ketiin kaffaltii alla argachuuf mirgaa qabdaa. Turjumaana dubaachuuf, (866) 802-0510 bilbilla.

**Pennsylvania Dutch (Deitsch):** Wann du Frooge iwwer selle Document hoscht, du hoscht die Recht um Helfe un Information zu griege in dei Schprooch mitaus Koscht. Um mit en Iwwersetze zu schwetze, ruff (866) 802-0510 aa.

**Polish (polski):** W przypadku jakichkolwiek pytań związanych z niniejszym dokumentem masz prawo do bezpłatnego uzyskania pomocy oraz informacji w swoim języku. Aby porozmawiać z tłumaczem, zadzwoń pod numer (866) 802-0510.

**Portuguese (Português):** Se tiver quaisquer dúvidas acerca deste documento, tem o direito de solicitar ajuda e informações no seu idioma, sem qualquer custo. Para falar com um intérprete, ligue para (866) 802-0510.

|  |  |  |
| --- | --- | --- |
| image34 | | |
| image35 | (866) 802-0510 | image36 |

|  |  |
| --- | --- |
| image37 | |
| image38 | (866) 802-0510. |

|  |  |
| --- | --- |
| image39 | |
| image40 | (866) 802-0510. |

**Samoan (Samoa):** Afai e iai ni ou fesili e uiga i lenei tusi, e iai lou ‘aia e maua se fesoasoani ma faamatalaga i lou lava gagana e aunoa ma se totogi. Ina ia talanoa i se tagata faaliliu, vili (866) 802-0510.

**Serbian (Srpski):** Ukoliko imate bilo kakvih pitanja u vezi sa ovim dokumentom, imate pravo da dobijete pomoć i informacije na vašem jeziku bez ikakvih troškova. Za razgovor sa prevodiocem, pozovite (866) 802-0510.

**Spanish (Español):** Si tiene preguntas acerca de este documento, tiene derecho a recibir ayuda e información en su idioma, sin costos. Para hablar con un intérprete, llame al (866) 802-0510.

**Tagalog (Tagalog):** Kung mayroon kang anumang katanungan tungkol sa dokumentong ito, may karapatan kang humingi ng tulong at impormasyon sa iyong wika nang walang bayad. Makipag-usap sa isang tagapagpaliwanag, tawagan ang (866) 802-0510.

**Thai (ไทย):** หากท่านมีคำถามใดๆ เกี่ยวกับเอกสารฉบับนี้ ท่านมีสิทธิ์ที่จะได้รับความช่วยเหลือและข้อมูลในภาษาของท่านโดยไม่มีค่าใช้จ่าย โดยโทร (866) 802-0510 เพื่อพูดคุยกับล่าม

|  |  |
| --- | --- |
| image41 | |
| image42 | (866) 802-0510. |

|  |  |  |
| --- | --- | --- |
| image43 | | |
| image44 | (866) 802-0510 | image45 |

**Vietnamese (Tiếng Việt):** Nếu quý vị có bất kỳ thắc mắc nào về tài liệu này, quý vị có quyền nhận sự trợ giúp và thông tin bằng ngôn ngữ của quý vị hoàn toàn miễn phí. Để trao đổi với một thông dịch viên, hãy gọi (866) 802-0510.

|  |  |
| --- | --- |
| image46 | |
| . (866) 802-0510 | image47 |

|  |  |
| --- | --- |
| image48 | (866) 802-0510. |

**It’s important we treat you fairly**

That’s why we follow federal civil rights laws in our health programs and activities. We don’t discriminate, exclude people, or treat them differently on the basis of race, color, national origin, sex, age or disability. For people with disabilities, we offer free aids and services. For people whose primary language isn’t English, we offer free language assistance services through interpreters and other written languages. Interested in these services? Call the Member Services number on your ID card for help (TTY/TDD: 711). If you think we failed to offer these services or discriminated based on race, color, national origin, age, disability, or sex, you can file a complaint, also known as a grievance. You can file a complaint with our Compliance Coordinator in writing to Compliance Coordinator, P.O. Box 27401, Mail Drop VA2002-N160, Richmond, VA 23279. Or you can file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights at 200 Independence Avenue, SW; Room 509F, HHH Building; Washington, D.C. 20201 or by calling 1-800-368-1019 (TDD: 1- 800-537-7697) or online at [<https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>](https://ocrportal.hhs.gov/ocr/portal/lobby.jsf).